



## Comparative Effects of Sevoflurane and Desflurane on Erythrocyte Deformability in Streptozotocin-induced Diabetic Rats

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### Authors' contributions

This work was carried out in collaboration between all authors. Authors MA and FMC designed the study, performed the statistical analysis, wrote the protocol and wrote the first draft of the manuscript. Author ZÖ managed the analyses of the study. Author VŞ managed the literature searches. All authors read and approved the final manuscript.

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### ABSTRACT

**Aim:** It is known that blood viscosity and erythrocyte aggregation are increased and erythrocyte deformability is decreased in diabetic patients. Blood rheology is known to be affected by numerous factor including anaesthetic drugs. Accordingly, we aimed to investigate the effects of sevoflurane and desflurane on erythrocyte deformability in diabetic rats.

**Place and Duration of Study:** The study was performed upon the approval of Gazi University Experimental Animals Ethics Committee in Gazi University Experimental and Clinical Research Center (GUDAM).

**Methodology:** In this study, 24 male albino Wistar rats were used. Diabetes was induced by a single IP injection of streptozotocin, at a dose of 55 mg.kg<sup>-1</sup> body weight in 18 Wistar Albino rats. 72 hours following this injection rats were classified as diabetic if their fasting blood glucose (FBG) levels exceeded 250 mg.dl<sup>-1</sup> and only animals with FBGs of > 250 mg.dl<sup>-1</sup> were included in the diabetic groups. After the effects of chronic diabetes encountered diabetic rats were randomly assigned into diabetic control (group DC), diabetic desflurane (group DD) and diabetic sevoflurane (group DS) groups. Another 6 rats without diabetes were assigned as control group (group C). 4 weeks after the

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injection of streptozotocin diabetic rats were anaesthetized by desflurane 6% or sevoflurane 2% at a dose by which minimal alveolar concentration (MAC) for rats would be one. The drugs were given for 2 hours within 100% oxygen at a rate of 4 L.min<sup>-1</sup>. After the anesthesia all rats were given ketamine (100 mg.kg<sup>-1</sup>) intraperitoneally and blood samples were withdrawn from the abdominal aorta and then rats were sacrificed. Erythrocyte samples were obtained from heparinized whole blood samples. Measurements for deformability were conducted on erythrocyte suspensions within serum physiologic tamponized with phosphate.

**Results:** Diabetes led to increased relative resistance compared to group C however desflurane and sevoflurane did not alter erythrocyte deformability significantly in diabetic rats.

**Conclusion:** Neither sevoflurane nor desflurane caused a negative effect on erythrocyte deformability in diabetic rats. However these findings should be further investigated in larger and more detailed studies.

*Keywords: Diabetes mellitus; sevoflurane; desflurane; erythrocyte deformability; rat.*

## 1. INTRODUCTION

In the recent two or three decades, the prevalence of diabetes mellitus (DM) has rapidly increased throughout the world, the estimation being that it will increase by 200% in the next few decades [1-5]. As a result, physicians will be faced with an increasing population of diabetic patients undergoing anesthesia and surgery. These patients are carrying high risk for serious cardiovascular complications eventually leading to significant increases in mortality and length of stay rates in hospital [1-3].

*In-vitro* and *In-vivo* studies suggest that lipid peroxidation plays an important role in the pathogenesis of diabetic complications [6-7].

Hemorheological parameters which include hematocrit, plasma proteins, erythrocyte aggregation and erythrocyte deformability in DM, are often disturbed [8].

General anesthesia agents are known to affect cardiovascular functions and microcirculation dynamics [9]. However, whether these agents change plasma rheology and/or may result in deterioration of tissue perfusion remains controversial. Changes in plasma viscosity has been listed among the factors associated with anesthesia procedures responsible for deterioration of tissue and organ perfusion [10,11]. After surgical procedures performed under general anesthesia, erythrocyte deformability and increased aggregation may be observed [11]. Isoflurane, sevoflurane and desflurane may decrease erythrocyte immune function and desflurane may alter erythrocyte deformability during anaesthesia and surgery [12].

The capillary filtration coefficient is lowered by sevoflurane. It has been demonstrated that sevoflurane, when compared with intravenous anesthetics such as propofol, could have beneficial effects on the microcirculation by decreasing extravasation of plasma into the interstitial space and thus limiting tissue edema [13]. Sevoflurane could also have a protective effect on endothelial cells against ischemia-reperfusion injury [14].

Volatile anaesthetic administered during general anaesthesia increase peripheral perfusion. This correlation has been demonstrated for sevoflurane [15] and desflurane [16] anaesthesia on the peripheral tissue flow.

*In vitro*, volatile anesthetics such as halothane, enflurane and isoflurane inhibit insulin responses to glucose in a reversible and dose-dependent manner [17-21]. A clinical study by Diltoer and Camu [19] showed that glucose tolerance was impaired by isoflurane. In an experimental study [20], halogenated anesthetic agents, such as halothane or sevoflurane, produced greater negative inotropic effects in diabetic patients compared with normal myocardium, possibly because diabetes exacerbates anesthetic-induced alterations in troponin-tropomyosin complex activity.

The aim of this study was to investigate erythrocyte deformability indices of desflurane and sevoflurane on erythrocyte deformability in diabetic rats.

## 2. MATERIALS AND METHODS

### 2.1 Animals and Experimental Protocol

The study was performed upon the approval of Gazi University Experimental Animals Ethics Committee in Gazi University Experimental and Clinical Research Center (GUDAM). Principles of laboratory animal care" (NIH publication No. 85-23, revised 1985) were followed, as well as specific national laws where applicable. All experiments have been examined and approved by the appropriate ethics committee".

In this study, 24 male Wistar albino rats weighing between 250 and 300 g, raised under the same environmental conditions, were used. The rats were kept under 20-21°C at cycles of 12-hour daylight and 12-hour darkness and had free access to food until 2 hours before the anesthesia procedure.

The animals were randomly separated into four groups, each containing 6 rats: Group C: Control (n=6), Group DC: Diabetic-Control (n=6), Group DS: Diabetic-Sevoflurane (n=6), Group DD: Diabetic-Desflurane (n=6). The control groups were not subjected to any application.

STZ (Sigma Chemicals, St. Louis, MO, USA) were prepared by dissolving in saline solution (0.9% NaCl). STZ was freshly prepared just before the treatment at a dose of 55 mg.kg<sup>-1</sup> body weight. Blood glucose levels of diabetic rats were checked by glucometer (mg/dl) 3 days after administration of STZ. Rats were classified as diabetic if their fasting blood glucose (FBG) levels exceeded 250 mg.dl<sup>-1</sup>, and only animals with FBGs of > 250 mg.dl<sup>-1</sup> were included in the diabetic groups (diabetes only, diabetes plus sevoflurane and diabetes plus desflurane). The rats were kept alive 4 weeks after streptozotocin injection to allow development of chronic diabetes before they were exposed to sevoflurane and desflurane [21].

Before the study was started anaesthetic gas vaporisers were calibrated. Anaesthetic gases were set at a minimum alveolar concentration (MAC) of 1 and desflurane 6% and sevoflurane 2% were administered. The anaesthesia procedure was conducted with the rats in a transparent plastic container of 40x40x70 cm. in size. The container, which allowed for

observations of the rats, was connected to a half open anaesthesia machine with static hoses. The anaesthetic gases were released into the container in 100% O<sub>2</sub>.

The rats were divided into four groups (n=6). The control groups were not subjected to any application. Desflurane (Suprane, Eczacıbaşı, İstanbul, Türkiye) was administered at 6% inspiratory concentration, 6 L.min<sup>-1</sup> in 100% O<sub>2</sub> for 2 hours, and sevoflurane (Sevorane, Abbot, İstanbul, Türkiye) was administered at 2% inspiratory concentration, 6 L.min<sup>-1</sup> in 100% O<sub>2</sub> for 2 hours.

After anaesthesia procedure, all the rats were given ketamine 100 mg.kg<sup>-1</sup> intraperitoneally. The abdomen was shaved and each animal was fixed in a supine position on the operating table. The abdomen was cleaned with 1% polyvinyl iodine and when dry, the operating field was covered with a sterile drape and median laparotomy was performed. Heparinized total blood samples were used to prepare erythrocyte packs. Deformability measurements were done by erythrocyte suspensions with 5% HCT in phosphate buffered saline buffer.

## **2.2 Deformability Measurements**

Blood samples were taken very carefully and measurement process was as fast (the first 5 minutes) as possible to avoid hemolysis of erythrocytes. The collected blood was centrifuged at 1000 rpm for ten minutes. Serum and buffy coat on erythrocytes were removed. The isotonic PBS buffer was added to collapsing erythrocytes and this was centrifuged at 1000 rpm for ten minutes. Liquid on the upper surface was removed. Finally pure red cell packs were obtained from the washing process which was repeated three times. Erythrocytes packs were mixed with PBS buffer to generate a suspension with the value of 5% HCT. Those erythrocyte suspensions were used for the measurement of deformability. Collection and deformability measurements of erythrocytes were done at 22°C.

The constant-current filtrometer system was used for measurement of erythrocytes deformability. Samples to be measured were prepared as 10 ml of erythrocytes suspension and PBS buffer. The flow rate was held constant at 1.5 ml/min with an infusion pump. A 28 mm nucleoporin polycarbonate filter with a 5 µm pore diameter was used. Consisting pressure changes while the erythrocytes passing through from the filter were detected by the pressure transducer and the data was transferred to computer with the help of MP 30 data equation systems (Biopac Systems Inc, Commat, USA). The necessary calculations were performed with related computer programs by measuring the pressure changes at various times. Pressure calibration of the system was performed each time before measuring the samples. Firstly buffer (P<sub>T</sub>) and then erythrocytes (P<sub>E</sub>) were passed through from the filtration system and the changes in pressure were measured. The relative refractory period value (Rrel) was calculated by relating the pressure value of erythrocytes suspension to pressure value of buffer. Increasing in Rrel as the deformability index was interpreted as the adversely affected the ability of erythrocytes deformability [22,23].

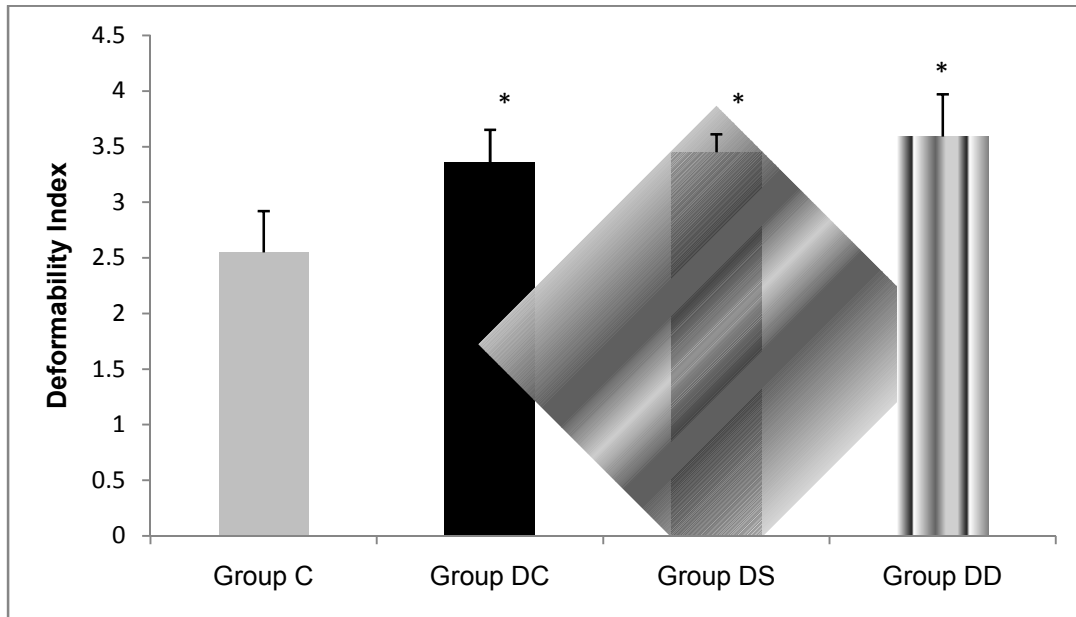
## **2.3 Statistical Analysis**

Statistical Package for the Social Sciences (SPSS, Chicago, IL, USA) 17.0 program was used for statistical analysis. The importance of the difference of the mean erythrocyte deformability values were assessed by using Kruskal-Wallis test. Bonferroni adjusted Mann-Whitney U test was used after significant Kruskal-Wallis to determine which group differs

from the other. Results were expressed as mean  $\pm$  Standard deviation (Mean $\pm$ SD). Statistical significance was set at a p value $<$ 0.05.

### 3. RESULTS

Deformability index was significantly increased in diabetic rats ( $p<$ 0.001), however, it was similar in Group DC, Group DS and Group DD ( $p=$ 0.912;  $p=$ 0,725). It was significantly increased in Group DC, DS and DD when compared to Group C ( $p=$ 0.001,  $p<$ 0.001,  $p<$ 0.001, respectively) (Fig. 1). Relative resistance was increased in diabetic models.



**Fig. 1. Erythrocyte deformability values of the groups. Each bar represents the Mean  $\pm$  SD**

*\*  $p<$ 0.05 compared to the Group C*

### 4. DISCUSSION

For the maintenance of tissue perfusion effective blood flow is required in the microcirculation. The rheologic measurements conducted on patients who were subjected to major elective surgery revealed that, blood viscosity, fibrinogen and erythrocyte aggregation were increased, due to decreased erythrocyte deformability, blood flow in microcirculation and thus oxygen delivery to tissues were attenuated. It is well known that anesthetic agents are among the numerous factors affecting blood rheology [24].

Erythrocytes deform while passing through the capillaries which are smaller than their diameters. The erythrocyte deformability is determined by numerous factors including the ratio of surface area to volume, the phospholipid composition of erythrocyte cell membrane and viscosity of the intracellular fluid. The decrease in erythrocyte deformability results in impairment of tissue perfusion in peripheric tissues [25].

It is known that blood viscosity and erythrocyte aggregation are increased and erythrocyte deformability is decreased in diabetic patients. The derangement in the blood rheology impairs microvascular blood flow and thus leads to aggravation of microangiopathy and increase in the development of diabetic microvascular complications [25].

Erythrocyte membranes are vulnerable to lipid peroxidation because of the lipid components of their membranes. Lipid peroxidation has adverse effects on the deformability of erythrocytes [26]. A decrease in erythrocyte deformability impairs tissue oxygenation and causes complications at the microvascular level [27].

Even a small decrease in erythrocyte deformability causes problems at microvessel level [27]. Some studies reported that erythrocyte deformability levels were found to be decreased in DM [28,29].

In the literature, there are only limited findings about the effects of DM on erythrocytes. Allen et al. [30] indicated that the erythrocyte membrane lipid profile is destroyed in DM. Yang et al. [31] reported the decreased erythrocyte deformability levels in DM.

Hemorheologic factors may be directly or indirectly affected by anesthetic agents and their metabolites. Anaesthetics alter the diameters of arterioles and venules and the response of these structures to stress. The effects of anaesthetic agents on microcirculation are specific and dose dependent. The mechanisms that cause this interaction may be associated with oxidative disorders that occur during or after various anaesthesia applications [32-34].

Alterations in the erythrocyte deformability may result in poor perfusion that can contribute to vascular complications of post-anaesthetic period that may arise in addition to other well-known mechanisms. This may lead to inadequate recovery [33].

Yerer et al. [35] investigated the effects of desflurane on deformability and found that it impaired the deformability in young and old rats. Aydogan et al. [36] showed the negative effects of sevoflurane on the deformability in the old rats.

Yerer et al. [37], in their study on the effects of desflurane and sevoflurane on deformability, have determined that the erythrocyte deformability of female rats does not change with sevoflurane administration, while it significantly increased with desflurane administration.

In our previous study, propofol was found to impair the erythrocyte deformability of both genders, but it was more pronounced in the male rats. This may be accounted for by general protective effects of estrogen in female rats [22].

## **5. CONCLUSION**

In the present study we found that neither desflurane nor sevoflurane had negative effect on erythrocyte deformability in diabetic male rats. This finding offers a clue for the safety of these agents for their clinical use for diabetic patients. Of course further experimental and clinical studies are required for clinical and practical applications of this finding.

## **COMPETING INTERESTS**

Authors have declared that no competing interests exist.

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